

Be Sharp Beetles

developing happy children through music

NEWSLETTER

Why music AND movement? Because the natural partner to music is movement. Musical activities prepare a child in the early years by teaching him/her an activity that is positive and will last them a lifetime. Music and Movement prepares the brain for more difficult tasks needed later on life by preparing the brain to work from both hemispheres. Writing, playing a sport or a musical instrument, finding solutions to complex problems all requires the use of both sides of the brain. Music is a tool that helps wire the brain to reach higher levels of thinking. The most important part of Music and Movement is that a child experiences joy when he plays with percussion instruments to different genres of music.

What do we do in Be Sharp Beetles classes?

- We dance and move to music with different percussion instruments such as maracas/maracitos, rhythm sticks, drums, castanets, bells and egg shakers.
- Tap rhythm sticks against one another to different rhythms. Different genres of music have different rhythmic patterns so children need to listen carefully to the change in rhythm as we play a different song
- Dancing or moving with scarves requires that a child moves from one side of the body to the other. It also requires that he/she uses both sides of the body to move
- We listen to musical stories in class like the story of Thokozane and the different Animals he meets when walking in Africa
- The following activities are done on a drum: wiggling the fingers, playing with both hands on the drum, playing loudly and softly, playing fast and slow, rubbing the surface of the drum
- We do imaginary play in which we move like elephants, celebrate a birthday and go into Africa.

General:

Regular updates are sent to you via email from your Franchise holder. If you are not receiving emails, please communicate your correct email address with us.

We did Be Sharp Beetles Volume 4 this quarter. You can order the cd and instruments from your Be Sharp Beetles Franchise holder.

Visit our Facebookpage on www.facebook.com/besharp.beetles for more information on music and movement and our classes.



Be Sharp Beetles Encompasses:

- ♫ Musical development (an awareness and appreciation of musical genres and instruments)
- ♫ Gross motor development (jumping, running, marching, turning and doing coordinated movements with the body)
- ♫ Fine motor development (development of strong muscles in the wrist, hand and fingers)
- ♫ Rhythmic development (the ability to move to a specific rhythm like fast and slow as well as different beat patterns)
- ♫ Stimulation of the Vestibular system (the vestibular system is linked to a child's sense of balance)
- ♫ Bilateral coordination (the ability to use both sides of the body in a coordinated way)
- ♫ Language (through the use of puppets, musical stories and pictures the child's growing vocabulary is developed)
- ♫ Mathematical (music and movement stimulates problem-solving and reasoning abilities which are used in maths)
- ♫ Social development (the ability to regulate emotions, develop confidence, build friendships and resolve conflicts)

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